

**Respect**—Our staff will treat you with dignity and respect at all times. We expect polite behaviour towards our staff

**No Smoking -**To protect the health of our staff we will request that you do not smoke during our visits.

**Privacy Notice** - Your confidential information will be used and shared with those directly involved in caring for you, this will include health and social care professionals from Humber Teaching NHS Foundation Trust, York and Scarborough Hospitals Teaching NHS Foundation Trust and North Yorkshire County Council.

## CONTACT US 📞

Single Point of Access number: 01653 609609 (Virtual Ward team and other Humber community services)

**Please contact 111** (Out of hours urgent care for an injury or illness that is not serious life or limb threatening)

**Please call 999** (urgent life-threatening injury or illness at any time of day)

## **Complaints and Feedback Team**

Humber Teaching NHS Foundation Trust Trust Headquarters Willerby Hill Beverly Road Willerby HU10 6ED

- 01482 303930
  HNF-complaints@nhs.net
  HumberNHSFT
- HumberNHSFT

This document is available in alternative formats on request. Email <u>hnf-</u> <u>tr.communications@nhs.net</u> or call 01482 301700 Community Virtual Ward Service

**Humber Teaching** 

NHS Foundation Trust

# Patient Information



Caring, Learning

& Growing Together

Publication Date: January 2023 Review Date: January 2024 Version 1.1

#### Who is this service for?

Eligible patients must meet certain clinical criteria to be cared for by the Virtual Ward. Your nurse or doctor will assess whether you are suitable for the Virtual Ward. If suitable, you will be referred to the Virtual Ward Team.

## How this service might be able to help you (not an exhaustive list):

- ➤ Following a fall
- > During a rapid decline linked with frailty
- Reduced function or reduced mobility
- Palliative care/end of life crisis support
- To manage an infection

### Assessment and care at home

The Virtual Ward team will check-in with you on a daily basis via phone call or face to face visit. Patients can also get in touch with the Virtual Ward team at any time by phone.

## Amendments to Your Care

The Virtual Ward team will be alerted if you are not recovering or responding to treatment as expected. Changes to your care plan can then be made by your clinical team without you having to return to hospital. For example, altering your medication dose or providing additional equipment to aid with your recovery. New medications can also be delivered to you if required.

## **Treatment Escalation Plan**

The Virtual Ward team will provide you with a personalised treatment escalation plan on admission. This will highlight to you conditional changes to be aware of and signpost the necessary actions required.

## What does the service do?

Virtual Wards allow patients to get the care they need at home, including care homes, safely and conveniently, rather than being in hospital (Hospital at Home). In a Virtual Ward, support can include remote monitoring using apps, technology platforms, wearables and medical devices such as pulse oximeters. Support can also involve face-to-face care from multi-disciplinary teams based in the community.

As part of our Community Ageing Well Programme, we have a team of Nurses, Physiotherapists, Occupational Therapists and Support Workers, who can provide this service, alongside a two-hour crisis response to help people living with frailty, multiple long term health conditions, and/or complex needs to stay independent and at home for as long as possible.

#### **Equipment Provision, medical devices**

One of our Virtual Ward nurses will meet with you to provide and teach you how to use the devices that are needed to safely monitor your health at home. You might be provided with a device called a 'pulse oximeter' which will enable you to take 'readings' each day of your oxygen levels and submit them to the Virtual Ward. The team will look at your readings remotely to monitor you and will make sure any issues are dealt with as soon as possible. It may be helpful to supply you with equipment to enable you to be at home. Examples include; walking frames, commodes, pressure relieving mattresses. Equipment is supplied through an outside company called Medequip and will be delivered to your home.

#### Who does this service work with?

GP Practices, Hospital Discharge Teams, NHS 111 and ambulance services, and social care teams, as well as working alongside mental health, housing sector, voluntary sector, and community teams.

### When is the service delivered?

The service operates 7 days a week, from 08:00 to 20.00. New referrals up to 18:00hrs Community Nursing teams can continue to help people at home overnight as needed.

### How long can the team support you?

This depends on your individual assessment and health needs, and will be discussed with you. Initial support may be for up to 2 weeks. We may discuss referral to other community health and social care or voluntary sector providers with you, to support your ongoing care.

#### Which area is covered by this service?

The service is delivered across Scarborough and Ryedale / Whitby Community. There is no charge for this service.

## Who do you call if you have any questions?

Please feel welcome to contact the team if you have any queries or concerns, and a Health Care Professional will get back to you.

The telephone number for the Single Point of Access (SPOC) is: 01653 609609